How is my hemoglobin doing?

Use this page to keep track of your hemoglobin (Hb) test results, and for notes or questions you want to ask your doctor.

date:	level:	notes:
date:	level:	notes:
	level:	notes:
date:	level:	notes:

Your doctor will determine the appropriate Hb level for you to reduce your need for blood transfusions.